

Salt Dough Recipe

Ingredients

1 cup salt
1 cup warm water
2 cups flour
aluminum foil



Making the Dough

1. Stir the water and salt together. Let stand for about 1 minute to allow the salt to dissolve.
2. Add the flour and stir. When the dough becomes too stiff to stir, use your hands.
3. Dump the dough out onto a hard floured surface and knead it. (To knead dough, hold it with one hand while you push it away from you with the other. Then fold it back on itself.)
4. The dough should feel soft, not sticky. If it is too sticky, add more flour. Continue kneading until the dough is smooth.
5. Store the dough in a plastic bag so it won't dry out.

Creating Projects

1. If your project is thicker than 1 inch, ball up aluminum foil or form it into the desired shape.
2. Flatten a piece of dough until it is about 1/4 inch thick.
3. Wrap the dough around the foil. To seal the dough and make seams disappear, wet your finger and smooth out the seams.
4. Place your project on a cookie sheet. If parts of your project need to be propped up, use foil to prop them and help them hold their shape.
5. Ask an adult to help you use the oven. Heat the oven to 200 degrees and place the dough project into the oven. Bake for 1 to 4 hours, depending on the thickness of the project. Remove the cookie sheet using an oven mitt.
6. When your project is cool, paint it with an acrylic paint. After the paint dries, seal it with an acrylic spray, or make your own sealant by mixing 1 tablespoon of Elmer's glue with 1 tablespoon of water.