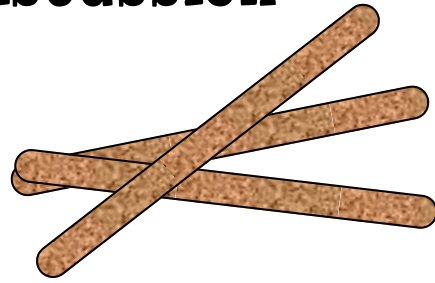


# Talking Sticks Discussion

**Materials:** 3 craft sticks per person,  
1 cup or holder for sticks  
1 set of discussion cards



## Directions:

1. Decide who will be the first Leader. The Leader holds the cup and everyone takes 3 sticks. Place the sticks on the table in front of you.
2. The Leader places the discussion cards face down, turns over the top card, and reads it aloud.
3. When team members want to speak, they pick up a Talking Stick and wait to be recognized by the Leader. After they place their stick in the cup, they share their thoughts with the group. If they continue to speak longer than a minute, they need to put in another stick.
4. Remember to leave your Talking Sticks on the table until you need them! It's distracting when team members play with the sticks while waiting to speak.
5. After everyone has finished discussing the card, the Leader passes the cup to the left and that person becomes the new Leader.
6. The new Leader turns over the next card, reads it aloud, and discussion begins on the new topic.
7. When team members run out of Talking Sticks, they must wait for others to use up their sticks before contributing to the discussion.
8. When everyone runs out of sticks, the Leader passes out 3 sticks to everyone so that the discussion may continue.

