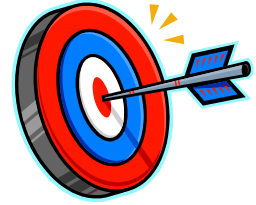


Setting Powerful Goals

Guidelines and Examples

Powerful Goals are . . .



- **Stated in Positive terms**

Write what you want, instead of what you don't want!

- **Clear and Specific**

Use simple words to state exactly what you want to achieve.

- **Measurable**

How will you know when you have reached your goals?

Examples

Instead of . . .



Write . . .

- Get Good Grades

- Don't get in trouble

- No more tardies

- Earn A/B Honor Roll for this grading period

- Earn an A on Conduct every week

- Arrive on time for school every day

